Measures Collected Through   
the Medicare Health Outcomes Survey

## Medicare Health Outcomes Survey (HOS)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 6: Specifications for the Medicare Health Outcomes Survey*.

Description

This measure provides a general indication of how well a Medicare organization manages the physical and mental health of its members. The survey measures each member’s physical and mental health status at the beginning and the end of a two-year period.

A two-year change score is calculated and each member’s physical and mental health status is categorized as better, the same or worse than expected, considering risk adjustment factors. Organization-specific results are assigned as percentages of members whose health status was better, the same or worse than expected.

## Fall Risk Management (FRM)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 6: Specifications for the Medicare Health Outcomes Survey.*

Description

The two components of this measure assess different facets of fall risk management.

* *Discussing Fall Risk.* The percentage of Medicare members 75 years of age and older or65–74 years of age with balance or walking problems or a fall in the past 12 months, who were seen by a practitioner in the past 12 months and who discussed falls or problems with balance or walking with their current practitioner.
* *Managing Fall Risk.* The percentage of Medicare members 65 years of age and older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received fall risk intervention from their current practitioner.

## Management of Urinary Incontinence in Older Adults (MUI)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 6: Specifications for the Medicare Health Outcomes Survey.*

Description

The following components of this measure assess the management of urinary incontinence in older adults.

* *Discussing Urinary Incontinence.* The percentage of Medicare members 65 years of age and older who reported having urine leakage in the past six months and who discussed their urinary leakage problem with a health care provider.
* *Discussing Treatment of Urinary Incontinence.* The percentage of Medicare members 65 years of age and older who reported having urine leakage in the past six months and who discussed treatment options for their current urine leakage problem.
* *Impact of Urinary Incontinence.* The percentage of Medicare members 65 years of age and older who reported having urine leakage in the past six months and who reported that urine leakage made them change their daily activities or interfered with their sleep a lot.

## Osteoporosis Testing in Older Women (OTO)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 6: Specifications for the Medicare Health Outcomes Survey.*

Description

The percentage of Medicare women 65–85 years of age who report ever having received a bone density test to check for osteoporosis.

## Physical Activity in Older Adults (PAO)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 6: Specifications for the Medicare Health Outcomes Survey.*

Description

The two components of this measure assess different facets of promoting physical activity in older adults.

* *Discussing Physical Activity.* The percentage of Medicare members 65 years of age and older who had a doctor’s visit in the past 12 months and who spoke with a doctor or other health provider about their level of exercise or physical activity.
* *Advising Physical Activity.* The percentage of Medicare members 65 years of age and older who had a doctor’s visit in the past 12 months and who received advice to start, increase or maintain their level exercise or physical activity.

Measures Collected Through   
the CAHPS Health Plan Survey

## Aspirin Use and Discussion (ASP)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 3: Specifications for Survey Measures.*

Description

The two components of this measure assess different facets of aspirin use management.

* *Aspirin Use.* A rolling average represents the percentage of members who are currently taking aspirin. A single rate is reported for which the denominator includes:
* Women 56–79 years of age with at least two risk factors for cardiovascular disease.
* Men 46–65 years of age with at least one risk factor for cardiovascular disease.
* Men 66–79 years of age, regardless of risk factors.
* *Discussing Aspirin Risks and Benefits.* A rolling average represents the percentage of members who discussed the risks and benefits of using aspirin with a doctor or other health provider. A single rate is reported for which the denominator includes:
* Women 56–79 years of age.
* Men 46–79 years of age.

## Flu Vaccinations for Adults Ages 18–64 (FVA)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 3: Specifications for Survey Measures.*

Description

The percentage of commercial and Medicaid members 18–64 years of age who received an influenza vaccination between July 1 of the measurement year and the date when the CAHPS 5.0H survey was completed.

## Flu Vaccinations for Adults Ages 65 and Older (FVO)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 3: Specifications for Survey Measures.*

Description

The percentage of Medicare members 65 years of age and older who received an influenza vaccination between July 1 of the measurement year and the date when the Medicare CAHPS survey was completed.

## Medical Assistance With Smoking and Tobacco Use Cessation (MSC)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 3: Specifications for Survey Measures.*

Description

The three components of this measure assess different facets of providing medical assistance with smoking and tobacco use cessation.

* *Advising Smokers and Tobacco Users to Quit.* A rolling average represents the percentage of members 18 years of age and older who are current smokers or tobacco users and who received cessation advice during the measurement year.
* *Discussing Cessation Medications.* A rolling average represents the percentage of members 18 years of age and older who are current smokers or tobacco users and who discussed or were recommended cessation medications during the measurement year.
* *Discussing Cessation Strategies.* A rolling average represents the percentage of members 18 years of age and older who are current smokers or tobacco users who discussed or were provided cessation methods or strategies during the measurement year.

## Pneumococcal Vaccination Status for Older Adults (PNU)

Summary of Changes to HEDIS 2016

* This measure is collected using survey methodology. Detailed specifications and summary of changes are contained in *HEDIS 2016, Volume 3: Specifications for Survey Measures.*

Description

The percentage of Medicare members 65 years of age and older who have ever received a pneumococcal vaccine.